



ZONTA
CLUB OF
CAPE GIRARDEAU
MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY



Member Handbook

What is Zonta?

Zonta is a service club of like-minded professionals who believe in, and are willing to eagerly support, the mission and objectives of Zonta International (zonta.org) and the Zonta Club of Cape Girardeau (capezonta.org.)

Founded in 1919, Zonta International is a leading global organization of professionals with a mission of empowering women worldwide through service and advocacy.

With more than 28,000 members belonging to more than 1,100 Zonta Clubs in 64 countries and geographic areas, Zontians all over the world volunteer their time, talents and support to local and international service projects, as well as scholarship programs aimed at fulfilling Zonta's mission and objectives.

Objects of Zonta

- To improve the legal, political, economic, educational, health and professional status of women at the global and local level through service and advocacy.
- To work for the advancement of understanding, goodwill, and peace through a world fellowship of members.
- To promote justice and universal respect for human rights and fundamental freedoms.
- To be united internationally, to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who serve their communities, their nations and the world.

Zonta International, its districts and clubs are nonsectarian and nonpartisan.

The Zonta Club of Cape Girardeau was founded in 1976 and includes members from the Cape Girardeau area who are passionate about the mission of Zonta.

Being a member of Zonta has many advantages! You will enjoy:

- making a difference in the lives of women and girls everywhere,
- supporting quality service, advocacy and award/scholarship programs,
- enhancing and developing valuable skills,
- meeting a diverse range of professionals and community leaders,
- being engaged in your community,
- fellowship and fun through Club activities and optional travel opportunities!

Membership Activities

Being a member of a volunteer service organization means the willingness of each member to further our shared mission by enthusiastically:

- attending monthly meetings to stay involved, learn, be of service, and build relationships,
- serving on the standing committees that allow us to fulfill our work and operate our Club,
- serving on fund-raising committees and supporting fund-raising events,
- educating yourself on Club and Zonta history, programs, operations, and bylaws,
- supporting our Club service projects and advocacy activities, including 16 Days of Activism Against Gender-based Violence,
- accepting opportunities to chair committees or serve on the Club board,
- identifying and recruiting individuals who will enrich the Club,
- submitting membership fees and food dues promptly and, in general,
- contributing energy, time, talents, connections, leadership, and organizational skills to help our Club and, through our work, the women and girls in our community and around the world.

Club Activities

It is hoped that Zonta, and your Zonta commitments, will be given a high priority among the many activities in your life. As a member of the Zonta Club of Cape Girardeau you will be involved in the following primary activities in support of the mission of Zonta.

- Service and Advocacy
 - Service projects
 - A variety of advocacy opportunities throughout the year
- Awards and Scholarships
 - Redhawk Scholarship (women athletes pursuing a university degree)
 - CTC School of Practical Nursing (Nursing Student scholarship)
 - Young Women in Public Affairs Award (high school students)
 - Jane M. Klausman Women in Business Scholarship (university students pursuing business-related degrees)
- Fundraising events
- Awareness and community relationship building
- Membership recruitment meetings/events
- Other activities as mutually agreed upon

Local Service Projects

Part of our Club mission is to provide support to women and girls in the greater Cape Girardeau area. To that end, the Club selects local non-profit beneficiaries whose mission and work is in alignment with the mission of our Club and Zonta International.

The Service Committee is called by the President to identify, consider, and recommend local non-profit organizations to be the primary recipient of the Club's monetary and service support for the upcoming two-year period. The service committee members present the organizations and projects that they would like to support from the requests made to the Club.

Club support to these non-profit organizations is normally for one year and may change as various needs arise in the community. However, some projects may be on-going as long as the organization and the service projects continue to meet the ideals of Zonta International and the Club. Initial support of the organizations and service projects allows the Club to become very familiar with the organization, build relationships, and have a positive impact on the women/girls they serve.

Service Hours

Zontians are encouraged to complete at least 20 service hours per year. We have a wide variety of opportunities in which members may participate and more projects may be added through the year as the needs of the community arise. Lots of activities may go toward reaching your goal of 20 service hours. For example, time spent at the actual service project, cleaning out your closets or baking for the Flea Market, all time spent on WOA activities, and shopping for items to support the missions all count toward your service hours goal. The following form may be used to keep track of those hours.

Zonta Service Hours Earned: June 2021-May 2022

Member Name: _____

Women of Achievement

- Women of Achievement planning & preparation _____ (#hrs)
- Women of Achievement event (Nov 2021) _____ (#hrs)

Haiti Project

- Collect supplies for Haiti Project with HAC (black shoes, backpacks, medical supplies, etc.) _____ (#hrs)
- Other Haiti Projects, jewelry making, selling items, speaking events etc. _____ (#hrs)

Zonta 5K

- 5K planning & preparation, obtaining sponsors _____ (#hrs)
- 5K event (April 2021) _____ (#hrs)

Flea Market

- Zonta Flea Market set-up _____ (#hrs)
- Zonta Flea Market event, fundraiser for Club Service Projects (March 2021) _____ (#hrs)

Advocacy

- Proclamation presentation to the City, 16 Days of Activism (November 2021) _____ (#hrs)
- 16 Days of Activism Domestic Violence Survivor Event at Liberty Park (December 2021) _____ (#hrs)
- "Zonta Says NO" Event at Liberty Park (December 2021) _____ (#hrs)

Other

- Crisis Aid STL Room remodel (July 2021) _____ (#hrs)
- Golden Z (September 2021 - April 2022) _____ (#hrs)
- Tiger Lilies (September 2021 - April 2022) _____ (#hrs)
- Hope of One More Hope House (September 2021 - April 2022) _____ (#hrs)
- SEMO Wine Spot (September 11-18, 2021) _____ (#hrs)
- Care to Learn Back Packs (September 2021 - April 2022 – Wednesday of each month) _____ (#hrs)
- Community Partnership of SEMO Baby Store (October 2, 2021) _____ (#hrs)
- Safe House Vintage Now Fashion Show (October 9, 2021) _____ (#hrs)
- Saint Francis Color Dash (October 2021) _____ (#hrs)
- Girardot Center Christmas Party (December 2021) _____ (#hrs)
- Community Counseling Center Hygiene Drive (January 4, 2022) _____ (#hrs)
- BeTWEEN Initiative (March 26, 2022) _____ (#hrs)
- SEMO Athletics Walk for Women (April 23, 2022) _____ (#hrs)
- SEMO NASV Day in the Park Green Bear Event (April 22, 2022) _____ (#hrs)

Club Meetings and Operations

Club meetings are the primary vehicle for conducting the business of the Club. As a general rule, Zonta clubs in the U.S. follow parliamentary procedure (aka Robert's Rules of Order) to run meetings.

General Member Meetings

The Zonta Club of Cape Girardeau has chosen to hold a general member meeting once a month. Regular attendance at the general meeting is expected of everyone for the purpose of keeping up-to-date on Club and Zonta activities, to conduct Club business, participate in decision making, and enjoy the social connections and support that is one benefit of membership.

- The Club meets once a month on the first Tuesday unless that day falls on or near a holiday or another conflict is identified. Typically, the meeting will then move to the second Tuesday of the month.

- ☑ The monthly member meeting begins with networking at 5:30 pm. The meeting and dinner begin at 6 pm and usually extends two hours or more depending on the agenda and meeting discussion. The agenda is prepared by the President or her stand-in. If you have an agenda item, please let the President or a Board member know the topic and the amount of time you require.
- ☑ Meetings are currently held at the Cape Girardeau Country Club located at 250 Country Club Drive in Cape Girardeau. Off-site meeting locations may be held in May and December.
- ☑ Dates, times, and locations are provided approximately one week prior to each Monthly Member Meeting by email. Attendance at all member meetings is encouraged.
- ☑ The courtesy of an RSVP with either acceptance or regrets is requested each month via email to ensure an accurate attendee count for space and catering planning. Inviting guests/prospective members is encouraged; please provide the name of the guest(s) when you RSVP to the meeting and be prepared to introduce your guest.
- ☑ We know that sometimes plans change. Please let the Vice President know as soon as possible if you will be unable to attend a meeting for which you had positively responded. The number of reservations that are provided to the Country Club is the number that the Club is required to pay; therefore, it is vitally important that an accurate number is provided. Special notes about member meetings:
- ☑ Members are encouraged to come early, usually at 5:30 pm, to enjoy networking and social time prior to the meeting.
- ☑ Guests including prospective members, members of other Zonta Clubs who are visiting, and speakers on topics related to Zonta International's mission are always welcome at our monthly member meetings.
 - If you would like to recommend a guest speaker, please contact the Vice President, someone on her committee or a Board Member to discuss the presenter or topic. Once in agreement the Vice President will invite the presenter to speak to the Club, or you may serve as the contact for the following:
 - Contact the Board President to add the speaker to an upcoming meeting agenda.
 - Select someone to be a key contact for the guest speaker to ensure she/he receives meeting details.
 - Select someone who will greet the speaker upon arrival at the meeting and introduce her/him to the Club.
- ☑ At the end of each monthly member meeting attendees are encouraged to participate in "Applause, Applause" where members are welcome to share something that has happened recently, or will be happening soon, for which they are happy or grateful. This is a fun way to share positive events in member's lives and practice gratitude.
- ☑ Members are asked to wear their official Zonta name badges, which each member receives after induction, to all meetings and Zonta events. Name badges are ordered by the Membership Chair.

Membership Circles

Membership Circles were created to build relationships, encourage participation in meetings, service projects, fundraising, retention, and recruitment of members. Two members will serve as co-leaders for each Circle. Each member will be randomly assigned to a Circle. Each Circle will determine how they

wish to function as a team in meeting the goals of the Membership Circles: building relationships, encouraging participation, retention of our existing members and recruitment of new members.

Monthly Board Meetings

If you accept nomination for a position on the Board and are elected, you will be expected to attend a second meeting each month – typically one week before the general member meeting or as the current Board mutually agrees based on individual schedules.

- The Board meets once a month on the fourth Tuesday unless that day falls on or near a holiday or another conflict is identified. The meeting is then rescheduled for a date/time/location when the majority of Board Members are able to attend.
- The agenda is prepared by the President or her stand-in. If you have an agenda item for the Board, please let the President or a Board member know the topic and the amount of time you require.
- Board Meetings usually extend for an hour or more depending on the agenda and the discussion. Each attendee may bring dinner at her discretion.
- Board Meeting dates, times, and locations are shared in monthly member meetings and via email. Members are always welcome to attend Board Meetings. Two absences from member meetings can be "made up" by attending Board Meetings in the fiscal year, to count towards perfect member meeting attendance.

Board Roles and Opportunities

The Club Board is elected to work toward progress for the Club by recommending goals and activities that complement and enhance those of Zonta International and are inspiring to the Club membership. They also take responsibility for a variety of tasks that ensure the smooth operation of the Club.

In addition, the Club Board is expected to be of service to membership, uphold ethical principles, utilize the strengths of members, and provide opportunities for, and encourage, member self-development.

Every two years a Nomination Committee is selected to identify members for upcoming open Board positions. Club members elect the Club Board. Board positions may be held for a period of two (one) consecutive year terms, with the exception of the Treasurer, which may be held for two (two) consecutive year terms, beginning on June 1st of the new biennium. Below are the Board positions and members for the Zonta Club of Cape Girardeau for the current biennium:

- President – Jennifer Criblez
- Vice-President - Jamie Koehler
- Secretary – Anita Dade
- Treasurer – Jan Ruopp
- President Elect and Foundation – Amanda Lincoln
- Past President -- Sandy Hastings (a non-voting Board advisor)
- Advocacy -- Cheryl Mothes and Jessica Hill
- Finance -- Linda Greaser
- Fundraising -- Chris Sheets
- Membership -- Kimberly Keser
- Service -- Megan Cattoor and Lydia Sumner

For more on the specific roles and responsibilities of Board members, reach out to the current Board Members or see the Zonta International Governing Documents on the Zonta International website.

Committee Meetings

Clubs work well where all members have a responsibility of some kind to each other and to the Club. Considerations can always be made for particularly busy times for members and we simply ask for open and honest communication when members have constraints to participation.

- It is expected that members will serve on one standing committee and participate in other scholarship or fundraising committees throughout the year as she is able.
- Each committee will have a Chair and it will be up to the Chair and committee members to determine the schedule and structure that works best. Chairs should delegate and members should volunteer so that the club responsibilities are spread out across the full membership.
- It is the responsibility of committee chairs to provide regular updates to the Club President, Board and membership at the monthly general meetings.
- All of our committees are guided by the reasons for which they were created. Some are formal committees required by Zonta International for all clubs and others may be informal or temporary for the purpose of executing on a particular goal or activity. Some committees have intensive periods of time and focus, while others have their work spread out throughout the year.

Club Committee Opportunities

The table below is an effort to illustrate the various committee opportunities for members of the Zonta Club of Cape Girardeau as well as the committee type and peak times of demand.

Name	Description	Type	Peak Time
Bylaws	This committee shall review and update club bylaws and standing rules. Ensure compliance with Zonta International bylaws, develop convention resolutions. President elect shall serve as chair.	Standing committee by Club bylaws	Ongoing
Foundation	This committee shall inform the club of the biennial international projects and programs. Ensure that the club contributes 1/3 of funds raised to the Zonta International projects.	Standing committee by Club bylaws	Ongoing
Membership Committee	This committee promotes member engagement and enhancing the membership experience while driving opportunities to attract new members and future generations to Zonta.	Standing committee required by Zonta bylaws	Ongoing
New Beginnings	This committee shall serve as an orientation source to new members. Explain Zonta and answer questions.	Standing committee by Club bylaws. Chaired by Membership	Ongoing
Public Relations	This committee will develop and implement plans to enhance Club and Zonta International awareness among the public.	Standing committee by Club bylaws	Ongoing
Service Committee	This committee identifies and coordinates local projects, scholarships opportunities, and other activities that meet the goals of advancing the status of women.	Standing committee required by Zonta bylaws	Ongoing
Haiti Mission	This committee plans the Haiti Dental and Medical missions.	Standing committee required by our Club	Ongoing
Zonta 5K Race	This committee plans the 5K race that funds our various projects.	Standing committee required by our Club	April

Women Of Achievement (WOA)	This committee plans the annual WOA luncheon, nominees and activities toward our major fundraiser.	Standing committee required by our Club	Ongoing
Flea Market	This committee plans our annual fundraiser to support Service Projects not covered by the Foundation.	Standing committee required by our Club	Ongoing
Advocacy Committee	Responsible for the expression of support for, or opposition to, causes, arguments or proposals and may include influencing laws, legislation or attitudes. Zonta advocacy is taken in "the public interest" or "for the greater good" with respect to advancing the status of women and girls and their human rights.	Standing committee required by Zonta bylaws	Ongoing
Board Nomination Committee	Designated by the Club President, 2-3 members who are tasked with identifying Club members to serve on the Board for the upcoming biennium and selecting delegates for conventions.	Bi-annual committee	January – March (as needed)
Young Women in Public Affairs Award Committee	Identify, consider, and recommend applicants to receive the Club award for a student age 16-19 who exhibits leadership skills & commitment to public service.	Annual committee	January – March
Jane M. Klausman Women in Business Scholarship Committee	Identify, consider, and recommend applicants to receive the Club award for a college student with an outstanding academic record including business-related subjects and a demonstrated initiative, ambition and commitment to pursuing a career in business.	Annual committee	April – July

Committee Chairs

- Haiti Service Trips – Andrea Sachse
- Public Relations and Communications - Kristy Nordin
- Women of Achievement – Sandy Hastings and Jennifer Criblez
- New Beginnings – Amanda Lincoln

Additional Meetings & Travel Opportunities

A variety of opportunities are available to participate in the work of Zonta International beyond our local Club. These opportunities include Area, District Conference, and International Conventions.

These events are a great way to connect more deeply with Zonta International through learning opportunities, involvement in debate and voting on leadership and bylaws (if attending as a club voting delegate), and engagement with fellow Zontians from throughout the U.S. and around the world.

These opportunities typically include registration fees, travel, and ancillary expenses. These expenses are in addition to the membership and food dues that are the responsibility of each member. Every effort is made to keep costs low to allow for the greatest possible member participation in these fun and valuable experiences. Zonta Club of Cape Girardeau is unique in that through our internal fundraising activities (the monthly raffle) we are able to provide a stipend up to \$3,000 for our delegates to the International Convention. Depending upon the location of the Convention and the expense involved in attending, the Club may vote to increase this amount.

Although the dates and locations of the meetings change, the table below provides an overview of the meetings, the purpose of each, when each occurs, and who attends.

Meeting Name	Purpose	Timing	Who Attends
Area 2 - Meeting	Networking with other	Annually in the Spring	Members of District

	members/clubs, educational, sharing ideas - and in Zonta International convention year review of proposed issues before the convention		7 from Areas 2
District 7 - Seminar	Informational and educational, fellowship and networking	Even Years in the Fall	All District 7 members
District 7 - Conference	Voting on District by-laws, budget, etc. and election of District Board	Odd Years in the Fall	All District 7 members
North America Inter-District Conference	Primarily North American Clubs informational/educational, networking with other members/clubs	Odd Years in the Summer	All North American members
International Convention	Voting on by-laws, election of International Board, goals for the biennium, and networking with other members/clubs from around the world	Even Years in the Summer	All members of Zonta International are invited, two delegates sent from our club

Annual Membership Costs

Membership Dues

The Zonta Club of Cape Girardeau is a membership-based organization. For details regarding the components of the membership dues, please see the table below.

New Membership (1 st year)	Half Year	On Going Membership
Member Handbook 9/2021		Page 9

(December)				
Zonta International Dues	\$91.00	\$51.00	Zonta International Dues	\$91.00
Zonta District 7 Dues	\$30.00	\$30.00	Zonta District 7 Dues	\$30.00
Zonta Club of Cape Girardeau Dues	*\$20.00	*\$21.00	Zonta Club of Cape Girardeau Dues	*\$20.00
New Member/Reinstatement Local Club Initiation (one-time only)	\$15.00	\$15.00		
New Member International Initiation (one-time only)	\$21.00			
Member Reinstatement Zonta International	\$15.00	\$15.00		
	\$21.00	\$21.00		
Total	*\$171.00	*\$132.00	Total	*\$141.00

Zonta International and District 7 set the amount of their dues and are subject to change with notice. The Zonta Club of Cape Girardeau dues are set by the Club and are used to pay for the administrative/operational functions of the Club such as maintaining the website, paying for meeting space, and annual state and federal tax filing, etc.

When a new member is inducted, membership dues are collected which includes an additional, one-time new member fee initiation of \$30.00 and covers membership until the next annual membership is due. For example, if a new member joins in November she would pay her new member dues in full for that current half-year (*\$132.00) and membership dues would be collected again in May for the upcoming year (*141.00.)

Membership is then renewed annually with membership fees collected each year in April for the upcoming year (June 1 – May 31).

Payment of membership dues are made payable to Zonta Club of Cape Girardeau by check and given to the Club Treasurer in person or by mail to P.O. Box 204, Cape Girardeau, MO 63702-0204. Existing members must pay no later than May 1. If membership dues are paid after May 15, there will be a \$15.00 reinstatement fee as required by Zonta International for a total reinstatement fee of \$21.00 (including Club fees).

Food Dues

Dinner meetings are held and the local club expenses cover the cost of the meals and off-site meetings. Payment of the quarterly local club expenses are required, **even if the member is unable to attend the dinner meeting**. The local club expenses also help to cover the cost of meals for guests, guest speakers and potential members.

Local Club Expenses Occur	Amount	Months Covered
1 st Quarter Due May 1 st *	\$61.00	June, July, August
2 nd Quarter Due Aug. 15 th **	\$61.00	September, October, November
3 rd Quarter Due Nov. 15 th **	\$61.00	December, January, February
4 th Quarter Due Feb. 15 th **	\$61.00	March, April, May
Annual Total	\$244.00	

*New member dues with at least one quarter of meals are due the night of initiation or before. Existing members who pay annually should plan to make full payment on or before May 1st and must be paid by the May meeting or will be considered delinquent. Existing members who wish to pay quarterly must pay the dues on or before May 1st and must be paid by the May meeting along with a minimum of the first quarter meals or will be considered delinquent.

**If paying quarterly for the meals, a reminder will be provided but a new invoice will not be created unless requested.

Guests

Members are encouraged to invite guests to the Club meetings. The Club will pay for one meal for the prospective member. However, the meal of a guest who is not being considered for membership will be billed to the member who brought the guest on an individual case-by-case basis at \$17.00 per meal. If the guest is attending an off-site location, the meal will be charged at whatever the site is charging the Club for the meal.

Total Annual Membership Costs

New Membership (1 st year)		New Membership Half Year (December)		Ongoing Membership (Annually)	
Membership Dues	\$171.00	Membership Dues	\$131.00	Membership Dues	\$141.00
Club Expenses	\$244.00	Club Expenses	\$122.00	Club Expenses	\$244.00
Total	\$415.00	Total	\$193.00	Total	\$385.00
			\$253.00		

Dues vs Fundraising

The Club dues and club expenses are utilized to pay for the operating expenses of the Club, which are kept as low as possible, and are held in a separate fund from the donations and money raised as part of Club fundraising activities and events.

The fundraising activities and events held by the Club directly benefit the Zonta Club of Cape Girardeau Foundation which is a non-profit 501c (3) organization (EIN 41-1447508). Fundraising activities also directly benefit the Zonta Club of Cape Girardeau Service Fund.

In keeping with Zonta International guidelines, the fundraising dollars are distributed as follows:

- 2/3 of funds raised are used to provide the monetary support to the local service projects and scholarships for women and girls
- 1/3 of funds raised are sent to Zonta International Foundation to fund International & Zonta ZISVAW projects

Additional Costs

In addition to membership and food dues, each member may decide to donate to Club fundraising activities, the Zonta International Fund, District projects, or other related causes. This is highly encouraged as it helps to further the mission of our Club and of Zonta International. This is discretionary and is never publicly published or shared.

Also encouraged is participation in Area, District, and International seminars/conventions. These events are a great way to connect more deeply with Zonta through learning opportunities and fellowship. There are also opportunities to hold leadership positions at the Area, District, or International level.

All of these activities are a wonderful way to increase involvement and enrich one's membership experience. These activities involve additional time and expense, as fees and travel costs may be involved.

Explanation of Funds

ZONTA CLUB OF CAPE GIRARDEAU

GENERAL FUND – this fund retains the monies for the general operation of the club. All dues, meal expenses, and overall operation of the Club are paid through this fund. In addition, this fund is used for the travel expenses of the delegates to area and district conferences.

Goes in the GENERAL FUND

Dues you pay per member
Club Expenses per member per quarter
Initiation fee per new member

Goes out of the GENERAL FUND

Int'l dues and Dist. dues per member
Meals expenses
Initiation pin and name tag
Operating expenses
Delegate expenses

INTERNATIONAL FUND – this fund is used solely for the travel expenses of the delegates to the international convention.

Goes in the INTERNATIONAL FUND

Raffle income from monthly meetings
Christmas Auction (December auction)

Goes out of the INTERNATIONAL FUND

Delegate expenses to int'l convention
District and Area Meetings

MICRO GIFT FUND – this fund was originally begun in 2012-2013 to allow the club to provide occasional funds to deserving persons or groups that do not make it into the yearly budget for whatever reasons. Worthy recipients can submit their request for funds to the Club Board, who vote upon it and present the funds, if approved, at the next club meeting.

ZONTA CLUB OF CAPE GIRARDEAU FOUNDATION

GENERAL FUND – Monies maintained in this account are used to support service projects for organizations that have a 501c (3) status. The Foundation may only donate to organizations that have this charitable status. Donations to the Foundation are tax deductible.

Goes in the FOUNDATION GENERAL FUND

Flea Market
Net proceeds from the WOA fundraiser
Dining for Dollars
SEMO Wine Spot
Zonta 5K
Internal Auction (June and December)
Amazon Smiles
Various fundraisers as deemed necessary
Interest from the bank account

Goes out of the FOUNDATION GENERAL FUND

Budgeted Donations (Based on Foundation Budget)

HAITI FUND – this fund was first started during the 2012-2013 fiscal year with a \$500 donation from the Zonta FOUNDATION GENERAL FUND and several donations from members and outside persons. These monies all go toward our service missions in Haiti.

Goes in the HAITI FUND

Jewelry Sales Fundraiser (net)
Donations from individuals and clubs
Annual budgeted service donations thru foundation budget
Various fundraisers as deemed necessary.

Goes out of the HAITI FUND

Supplies for 2 Haiti trips per year, one Medical, one Dental (Based on current year Haiti Budget)
(We do not pay for the volunteers travel or lodging)

Club Resources

Club website

capezonta.org is a site specific to the Zonta Club of Cape Girardeau and is designed to be a tool for members, PR & Communications. The professionally designed site, created by former member Laura Jones is currently maintained by her as Administrator, the PR and Membership Chairs. The site includes basic Club information, upcoming scholarship, fundraising and service opportunities, photos, and links to related sites. Facebook.com/Zonta Cape Girardeau.

In order to gain access to member information you must first register on the website. Upon entering the site, select the MEMBERS tab and the drop down tab MEMBER REGISTRATION. Upon completion of the registration process you will be able to log in with your user name and password.

Pingboard

Pingboard is our membership directory software that is password protected for members only, where photo's of each member, employment and family information, and contact information is shared. Additionally we can give "applause" to each other. Access is gained when the Administrators (Cheryl Mothes and Jamie Koehler) send an invitation to each member's email address. It can be accessed at Pingboard.com.

District website

Zontadistrict7.org is a site specific to the Clubs of District 7. The Zonta Club of Cape Girardeau is an Area 2 Club and is part of District 7. This site includes information on the District Board, District calendar and activities, contact information, and links to additional Zonta resources.

International website

Zonta.org is the site for Zonta International. It includes information on Zonta's history, international projects and advocacy, club and member tools/resources, Club directory, learning programs, a Zonta store, and much more.

Zonta Says No website

Zontasaysno.com is a site that supports an important campaign to highlight Zonta International's opposition to violence against women and girls. This site provides members and clubs with tools and ideas to promote the campaign using a unified voice to create awareness.

The Zontian

The Zontian is a magazine published by Zonta International and available as a paper or electronic edition. The electronic editions can be found on zonta.org and paper copies can be ordered via the Zonta store. It includes articles on Zonta efforts around the world and educational articles on subjects of interest to Zonta members.

Member Resources (Zonta International)

Zonta International has provided a multitude of valuable information about Zonta and leadership resources that are extremely helpful, not only to us as Zontians, but also for those of us who are seeking leadership skills that may be used in the work force. You will need to register with Zonta International and establish a password. Go to the Zonta International website and select LOGIN at the top of the page. On the far left hand corner you will see MEMBER LOGIN, which asks for your username.

Your username is the email address associated with your Zonta International account. (This is normally your business email address that was submitted by the Membership Chair. If you are uncertain about the email address ask the Membership Chair. New members please contact the Membership Chair.)

If you do not have an email address on your Zonta International account, you may email memberrecords@zonta.org to have one added. Once an email address is added to your account, you will receive an email in 24 hours from Zonta International with instructions on how to login to www.zonta.org. If you have an email address on your account, and have set up a password, but have forgotten your password, click the button to be directed to a page where you can reset your password.

Welcome to Zonta!!

We are so happy that you decided to join us in fellowship, service and advocacy! We welcome you to a global organization of executives and professionals working together to empower women through service and advocacy at the local, state and international level. Membership in Zonta is an honor and a privilege. Every member has the opportunity and the pleasure of sharing Zonta with other prospective members. Thank you for everything you do to strengthen and support Zonta. Your commitment and dedication to Zonta is visible by your continued willingness to support and encourage each other to achieve the mission of Zonta, to develop life-long friendships and to make a difference in the lives of others. We are more than just a philanthropic organization. We are here to support, encourage and lift up each other. We are confident you will contribute your caring, enthusiasm and talents to our club and we promise to work with you to further the ideals of Zonta International.

“Some of us have great runways already built for us. If you have one, take off! But if you don’t have one, realize it is your responsibility to grab a shovel and build one for yourself and for those who will follow after you.”

Amelia Earhart